

AAU Basketball

# EB Sacred Hoops

Youth and High School Basketball program. Developing players to become the best version of themselves. Contact us for upcoming events.



**East Bay Sacred Hoops**  
**AAU Basketball (ID #: U7AAJ9878)**  
Tri-Valley (Alamo, Danville, San Ramon, Dublin, Pleasanton)

**www.ebsacredhoops.com**

**Phone Number: 925-510-0382**

**Director: Chris Meredith**

**Email ID: ebsacredhoops@gmail.com**

### Why Choose East Bay Sacred Hoops?

- ✓ **Elite Coaching:** Learn from successful coaches who have helped players reach college and pro levels
- \*\* Varsity Head Coaches and their staff from the following schools: **Cal High, San Ramon Valley, Monte Vista**
- ✓ **Skill + Character:** We focus on fundamentals, teamwork, leadership, and mental toughness.
- ✓ **Player Development:** Personalized feedback for offensive, defensive, and mental fundamentals.
- ✓ **Competitive Edge:** Weekly tournaments to test your game against top regional teams.
- ✓ **Proven Pathways:** Many of our alumni go on to play at high school varsity and college programs.

**AAU Tournament Teams: (3 Levels)** Advanced, Intermediate, and Developmental  
Every athlete makes a team & every team builds better players.

**(Spring Season 2026) - March 16<sup>th</sup> – May 23<sup>rd</sup> (9 Week Program)**

**Practice Locations: Charlotte Wood Middle School & Diablo Vista Middle School**

**Practice Days & Times: Structured practices every Monday through Friday, 5:15 PM – 7:15 PM**

### Tryout 1 & 2 Schedule (Charlotte Wood Middle School)

**Tryout Registration :** Please complete the Tryout Registration Form @ [www.ebsacredhoops.com](http://www.ebsacredhoops.com)

**Note:** Please attend both tryouts to help coaches make the best team placements.

#### Grades: 2<sup>nd</sup> / 3<sup>rd</sup>

5:00 PM – 6:30 PM

Tryout 1: Thursday March 5<sup>th</sup>

Tryout 2: Thursday March 12<sup>th</sup>

#### Grades: 6<sup>th</sup> / 7<sup>th</sup> / 8<sup>th</sup>

6:30 PM – 8:00 PM

Tryout 1: Thursday March 5<sup>th</sup>

Tryout 2: Thursday ay March 12<sup>th</sup>

#### Grades: 4<sup>th</sup> / 5<sup>th</sup>

5:00 PM – 6:30 PM

Tryout 1: Thursday March 5<sup>th</sup>

Tryout 2: Thursday March 12<sup>th</sup>

#### High School

8:00 PM – 9:00 PM

Tryout 1: Thursday March 5<sup>th</sup>

Tryout 2: Thursday March 12<sup>th</sup>

### Grades 2<sup>nd</sup> - 8<sup>th</sup>

March 16<sup>th</sup> – May 23<sup>rd</sup> (9 Week Program)

2 (75 Mins) Practices Per week /5 Tournaments - Cost \$950 for the season, including Player Jersey and Tournaments

### High School

March 16<sup>th</sup> – May 23<sup>rd</sup> (9 Week Program)

2 (90 Mins) Practices Per week /6 Tournaments - Cost \$1050 for the season, including Player Jersey and Tournaments

**\*\* Early Bird Promotion (Register and make payment before Feb 26<sup>th</sup> , 2026 and Save \$50)\*\***